



Naturopathic Family Clinic
healing the whole person

THINGS TO KNOW BEFORE YOUR THERMOGRAM

- On the day of the scan, do not use anything on your skin. (No lotions, creams, oils, deodorants, antiperspirants, etc.)
- Within 24 hours of the thermogram, no: sun tanning, massage, or vigorous exercise
- Please make every effort to arrive on time with your paperwork completed

Do not hesitate to call the clinic if you have any questions. 608-531-0079



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