

Hello,

In the interest of providing the best and most comprehensive healthcare for our patients, the Naturopathic Family Clinic is pleased to announce an opportunity for breast thermography screening, a screening tool not offered in Janesville until now. This service will be offered beginning in August.

We've teamed up with Madison physician Dr. Ann Stanger to provide quarterly screenings here at our Janesville clinic. Dr. Stanger is a regional expert in thermographic interpretation and has been using breast thermography, or digital infrared thermal imaging (DITI), reliably in her practice for many years.

Most of us are well aware of the need for regular breast exams in order to detect breast cancer as early as possible. Breast cancer is second only to lung cancer in women. Current research indicates that 1 in every 8 women in the US will get breast cancer in their lifetime. If treated in the earliest stages, cure rates greater than 95% are possible.

For most of us, early detection methods include monthly self-exams, annual clinical breast exams with your health care provider, and mammograms. Few of us are aware of the availability and efficacy of infrared thermography as a screening tool for breast cancer. Thermography has been in use since the 1960s and approved by the FDA in 1982 as a reliable adjunctive diagnostic breast cancer screening tool. The data shows that thermography, when used appropriately, can identify precancerous changes much earlier than any other technique and can significantly affect long term survival rates should cancer be diagnosed.

Thermography works on the basis of temperature. It uses infrared heat sensing technology which detects the slightest temperature difference in tissue. Pre-cancerous changes in breast tissue give off more heat than normal breast tissue very early on in the cancerous change process - even before the smallest of tumors have begun to develop. Conventional screening tools like self and clinical breast exam and mammography, while still recommended, are much less efficient at detecting the very early changes, usually not detecting any changes until a tumor has developed.

Thermography is safe, noninvasive, and affordable; there is no radiation exposure or breast compression. It has demonstrated more success in identifying women with cancer under the age of 55 in comparison to other technologies; for women over 55, thermography supports and enhances the diagnostic capabilities of self exam and mammography significantly, or to monitor hormone replacement therapy's action on the breast tissue. It is also effective for detecting cancerous changes in male breast tissue and so is recommended if there's a family history of male breast cancer.

This is a one-day event happening only once every 3 months. See the attached sheet for schedule and pricing. You do not need to be a patient, so if there are women or men in your life that need this screening tool, please pass it on. Depending on the findings at this screening, you will be provided with instructions as how to proceed. If you would like more information or to schedule your appointment, call the clinic at 608-531-0079.

Wishing you the breast of health,
Naturopathic Family Clinic Doctors